

2023-24

# THE LAUNCH



 **SAUGANASH**  
STUDY CENTER

The Launch gives you the practical, intellectual, and moral foundation to be a man of character. Through a combination of seminars, one-on-one mentoring, and presentations by leading professionals, it helps you develop the ideals, habits, and skills necessary to be successful in college and later on as a professional, a friend, and a father.



## THE LAUNCH

The Launch is a seminar series and mentoring program that helps young men take advantage of their high school years to forge the character that will prepare them to face the future life challenges of professional work, friendship, marriage and fatherhood, and responsible citizenship with a generous spirit of service and dedication to others. Throughout its four-year curriculum, The Launch emphasizes that the decisions and commitments high school students make play a pivotal role in shaping them into the men they will become.

# The Big Picture Seminar

From day one of freshman year, you make decisions — sometimes without realizing it — that will affect where you go to college, what kind of job you'll have, and even who your wife will be. This seminar will help you navigate those decisions and make the choices that will help shape you into the man you want to become.

**TUESDAY****TOPIC COVERED**

September 12	<i>Making the Most of High School</i>
September 26	<i>Character &amp; Maturity</i>
October 10	<i>Self-Knowledge</i>
October 24	<i>Time Management</i>
November 7	<i>What Colleges are Looking For</i>
November 28	<i>Extracurricular Activities</i>
December 12	<i>Being a Man of Culture</i>
January 16	<i>Study Habits</i>
January 23	<i>Productive Use of Summer</i>
February 6	<i>A Life of Service</i>
February 20	<i>Never Quitting</i>
March 5	<i>Self-Mastery</i>
March 19	<i>Deep Friendship</i>
April 9	<i>True Manliness</i>
April 23	<i>Treating Women with Respect</i>
May 7	<i>Freedom &amp; Happiness</i>

## The Professional Seminar

You're going to spend close to 50 years working in the profession you choose, so you want to make sure it's one that's a good fit for you. You're laying the foundation for your career already in high school, making sophomore year an ideal time to start considering your career options and how they fit with your abilities and interests. In this seminar, leading professionals discuss the challenges and opportunities that arise in their line of work, their daily responsibilities, and what you can do now to prepare for a successful career in their field.

THURSDAY	TOPIC COVERED
September 28	<i>Which Career is for You?</i>
October 26	<i>Pursuing a Career in Filmmaking</i>
November 16	<i>Investing in Real Estate</i>
November 30	<i>Starting a Business</i>
January 18	<i>Exploring the Law</i>
February 29	<i>Planning for a Productive Summer</i>
March 14	<i>Making Things Work: Engineering</i>
April 18	<i>Understanding the Medical Profession</i>
May 16	<i>IT and The World of Computers</i>

### Guest Speakers

#### JASON ELDER

Partner and Managing Director,  
Performance Trust Capital Partners

#### NEAL MCNAMARA

Chief Executive Officer,  
Virtas Partners

#### BRIAN DONAHUE, M.D.

Associate Director,  
Emergency Department, AMITA  
Health Resurrection Medical Center

#### PETER SPINGOLA

Partner and Founder,  
Chapman Spingola LLP

#### MICHAEL LOTUS

Attorney,  
The Howard Law Firm, LLC

#### JOE KLATT

Structural Engineer,  
Frost Engineering & Consulting

## College Application and Beyond

As you begin the college application process, knowing which majors are good fits for you and your professional aspirations can be a critical factor in focusing on the right college, which in turn will enable you to have a more meaningful college career. This seminar starts with presentations by current college students and recent graduates who will familiarize you with their experiences in their majors and their schools. The seminar then delves into key aspects of the college application process.

TUESDAY	TOPIC COVERED
September 14	<i>Choosing a Major I</i>
October 17	<i>Choosing a Major II</i>
November 14	<i>Choosing a Major III</i>
December 5	<i>Managing the College Application Process</i>
January 9	<i>Planning for a Productive Summer</i>
February 20	<i>The Art of the Resume I</i>
March 12	<i>The Art of the Resume II</i>
April 16	<i>Learning to Interview</i>
May 14	<i>Mock Interviews</i>



## The Modern Man Seminar

In the not too distant future, other people — at work, among your friends, in your family — will be depending on you for guidance. Your ability to lead them well will depend to a large extent on whether you live a reflective life yourself, allowing you to grasp why certain things are true, not just blindly accepting what everyone else says. In the world today, masculinity and manliness are under attack, such that boys are pushed to choose between one of two extremes: brainless chauvinism or feeble submissiveness. This seminar gives you a framework to tackle fundamental intellectual questions about who man is and his role in the modern world.

### THURSDAY

### TOPIC COVERED

September 14	<i>The Pursuit of Truth</i>
October 26	<i>Fighting for Freedom</i>
November 9	<i>Men Don't Cry</i>
November 30	<i>Giving the Heart</i>
January 11	<i>Commitment in Marriage</i>
February 22	<i>Self-sacrificing Marriage</i>
March 14	<i>Fatherhood &amp; Family</i>
April 11	<i>Love &amp; Dating</i>
May 2	<i>Vindicating Masculinity</i>



## Freshman Mentoring

Each participant is assigned a mentor at the beginning of their freshman year. During freshman year, the mentor meets individually with him once a month. Mentors help participants to apply the principles covered in each seminar to their everyday lives through practical and measurable monthly goals. Mentors focus on guiding participants to greater self-knowledge and challenging them to form the habits that will define their character. Mentoring sessions last about 30 minutes and take place at Sauganash Study Center. Mentoring is not formally offered after freshman year. Participants may arrange with their mentor to continue to meet on a basis that both the mentor and mentee agree upon.

### THOMAS BOLES

Freshman Program Director  
BA, Economics, UCLA

### PAT HEALY

Sophomore Program Director  
BA, Economics & Finance,  
University of Dallas

### EDWIN CARBAJAL

Junior and Senior Program Director  
BA, Biology, Princeton University  
MSBS, Microbiology, Icahn School  
of Medicine at Mount Sinai

Mentors



## Details

### LOCATION

All seminars and mentoring sessions are held at

**Sauganash Study Center**

5815 N. Cicero Avenue

Chicago, IL 60646

### SCHEDULE

4:00 - 5:00 Study Session 1  
*(mentoring and tutoring)*

5:00 - 5:15 Break / Snack

5:15 - 6:15 Study Session 2  
*(mentoring and tutoring)*

6:15 - 6:30 Break

6:30 - 6:45 Launch and  
Dinner set up

6:45 - 7:30 Dinner

7:30 - 8:30 Seminar

### COST

- Freshman Seminar: **\$450**
- Sophomore, Junior  
& Senior Seminars: **\$350**

*Financial considerations should not prevent anyone from attending. Scholarships may be requested.*

### TRANSPORTATION

For those interested, Sauganash will provide transportation from Northridge Preparatory School on the days of each seminar at 3:30 pm and 6:00 pm. Following the seminar, transportation to Forest Glen Metro Station and Jefferson Park Transit Center can be made available if requested in advance.

### DRESS CODE

To foster an atmosphere of serious work, all students attending The Launch are asked to wear collared shirts and long pants. No t-shirts, jeans, shorts, or sandals, please.

**SauganashCenter.org/Launch**  
REGISTER ONLINE

**SAUGANASH**  
STUDY CENTER

### FOR MORE INFORMATION

Please contact Thomas Boles  
at [tboles@sauganashcenter.org](mailto:tboles@sauganashcenter.org)  
or 773.283.1099

The Launch is sponsored by Sauganash Study Center, a supplementary education center for young men. Since 1996, Sauganash has prepared students to be men of ideals engaging the world through their professional work, friendships, and life of service. Sauganash's programs are inspired by a Christian spirit which views the world as good, sees work as fulfillment of man's nature, and emphasizes service towards one's neighbor. The Christian orientation of Sauganash's programs is entrusted to Opus Dei, a personal Prelature of the Catholic Church ([www.OpusDei.org](http://www.OpusDei.org)).