

THE SAUGANASH CORONACLE

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DRESSING FOR OTHERS

By Vincenzo Rinali

"Eat to please thyself, but dress to please others" – Benjamin Franklin

I was listening to Justin Bieber famous song *Love Yourself* when a thought came to me. Is it legit to love myself? In the song, Bieber seems to be snubbing a girl who thinks about the way she looks too much, but where do we establish the boundary between too much and just enough? Maybe the answer is that we are social beings and part of our sociability is to be likeable. The eyes – and by extension the body and its gestures – are the reflection of the soul.

There are many ways that dressing well will benefit you personally. When you look sharp, you feel better about yourself, make a great first impression, and interact with others more confidently, all of which helps you build relationships and become a more influential man. Research shows that when people perceive you as more attractive, they assume other positive qualities about you as well (the so-called "halo effect"), and even find you more persuasive. One's style is also simply a chance to express one's personality and taste.

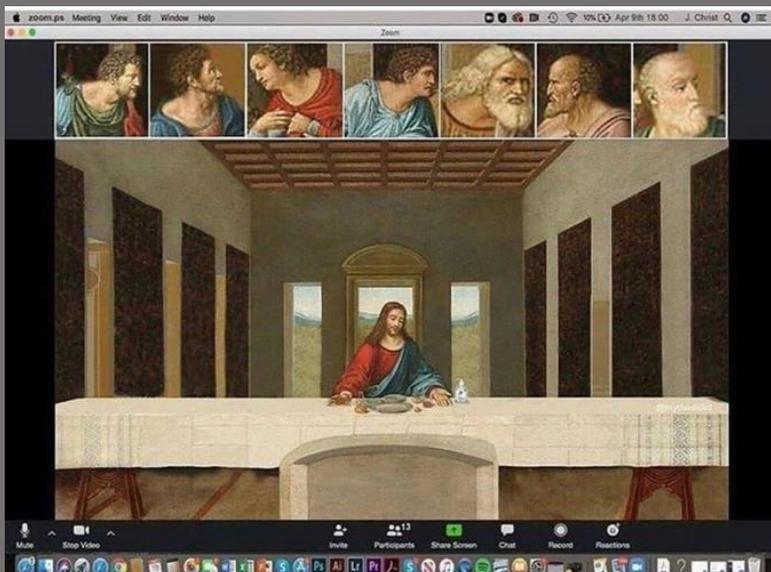
While dressing well can thus be self-serving (and there's nothing wrong with that), there are also more altruistic reasons to care about one's appearance. Dressing for other people can in fact be just as, or an even more compelling, reason to do so. The idea of dressing for others is not likely to strike the modern mind very agreeably. As we pride ourselves on believing we are individualists, who don't care what anyone else thinks, the fact of choosing clothes with reference to other people may smack of conformity. But when I speak of "dressing for others," I do not have in mind acquiescence to societal codes (which hardly still exist), where the end is merely fitting in. Rather, I am forwarding an idea of dressing well as a freely chosen service – a gift one willingly gives to others.

So this Easter, even though you probably won't be leaving home, give the gift of a well-groomed appearance to your family. Easter is a celebration of the most amazing event in the history of the universe, and your appearance should reflect that. You don't need to wear a tux (although that would earn you serious clout in my book), but you can wake up a little earlier so you can shower, make your hair look nice, and put on some clean clothes that are a little nicer than what you would wear on a normal day. It will be a great reminder for you and everyone in your family that this Easter, even though you're stuck at home, is still an opportunity to be thinking about each other.

HOLY WEEK

HOLY THURSDAY

Anniversary of the institution of the Eucharist. We will have an online vigil of Adoration connecting with six centers like Sauganash located in other cities across the US. Great opportunity to give thanks to our Lord for his presence in the Tabernacle! The Vigil will start at 9:00 pm



HOLY FRIDAY

Do the Stations of the Cross with your family. Give thanks to Jesus for the forgiveness of your sins. Offer some sacrifice for the people in hospitals, accompany them from home and pray that they recover and see their families after the lockdown.

HOLY SATURDAY

The day Jesus spent in the tomb traditionally dedicated to accompanying the Blessed Virgin Mary. You can pray the Rosary with your family and receive a plenary indulgence. Also, call your grandparents and relatives to give them some company.

EASTER

The Resurrection is the most important event in human history! Jesus is awaiting for us in Heaven. Let's celebrate with our families. This year is special because of the lockdown, and we are able to see more clearly the real value of our lives and be grateful for things we usually take for granted. Make spiritual Communion!

online

UPCOMING EVENTS

WEDNESDAY 4/8 - 7:30 pm

[College Meditation](#)

HOLY THURSDAY 4/9

[Meditation for Families](#) (5:00 pm)

[Vigil of Adoration](#) (9:00 pm)

SATURDAY 4/11 - 3:30 pm

[High School Meditation](#)

ON WEDNESDAY

HOLY MASS at

Sauganash

at 12:00

[click here](#)

**The next Mass will
be TUESDAY, 4/14**

**GOLDFISH DON'T HOLD
GRUDGES, THEY DON'T
REMEMBER THEM**

**WORDS OF WISDOM
from Chief Sauganash**

