

THE SAUGANASH

# CORONACLE

T - H A W K E D I T I O N

APRIL 3<sup>rd</sup> 2020 ISSUE#16



## TACKLING THE WEEKEND

By Edwin Carbajal

Many people consider strategies and behaviors when they think about what professional success entails. They focus on what people do during normal work hours throughout the week (including zoom calls!). But hardly do people consider what to do once the weekend arrives, when they are away from their computers, or when it's time for leisure. But we should be thinking about our free time! Leisure is not a time to do "nothing" but rather it is a change in activity. How people spend their free time can actually have a big impact in their family life, their interior life, and even their professional life. Successful people tend to spend their free time participating in a sport, reading, praying, volunteering, developing hobbies and interests, networking, and spending time with family and friends.

I get the chance to interview students for college every year. I'm always amazed at how many students struggle to answer the question: "Over your high school years, what have you done on the weekends and in the summers?" For one, I have learned that many students are not well formed with the skills to participate in professional interviews (like the ones that Sauganash mentors help students with). Secondly, I have learned that when students are "bored," it usually means that they themselves are boring! BUT, this does not have to be the case if we are cultivating noble interests and hobbies that we are passionate about and thus developing our personalities.

So this weekend, watch a movie with family and have a good discussion; read a book; bake some bread; learn about soil chemistry as you start a vegetable garden; make a video; practice the piano; the list of awesome activities is endless. So don't be boring this weekend and you will find yourself having awesome conversations with friends next week and with that potential next interviewer!

# 5 KEYS FOR A HIGHLY SUCCESSFUL WEEKEND

By Jreck



1. MAKE BREAKFAST FOR YOUR FAMILY

2. SEND A VIDEO TO YOUR GRANDPARENTS WITH THE WHOLE FAM

3. READ 1 HOUR OF A NOVEL

4. CALL A FRIEND

5. GO TO MASS AND PRAY THE ROSARY



Submit your article to  
[jreckart@sauganashcenter.org](mailto:jreckart@sauganashcenter.org)

## online UPCOMING EVENTS

SATURDAY 4/4 - 3:30 pm  
[High School Meditation](#)

SUNDAY 4/5 - 8:00 pm  
[Family Rosary](#)

## FINAL TRIBAL WAR CHALLENGE

Which superhero best reflects the true nature of man?

**Sauganash:** Clearly, the Hulk, who represents man's struggle with the passions. Every man attributes his own vicious impulses to a monstrous other, failing to acknowledge that Bruce Banner and the Hulk are ultimately the same person.

**Works-From-Home:** I propose Superman. For like Superman, we men are capable of great feats thanks to our parentage. Only in our case, we do not come from the planet Krypton, but from our Father God.



THE MAN WHO EATS  
WITHOUT MANNERS ALSO  
EATS WITHOUT FRIENDS

WORDS OF WISDOM  
from Chief Sauganash

# FAMILY PICTURE CONTEST

## 3 STEPS



**1** CHOOSE A FAMOUS PAINTING

**2** RECREATE IT WITH YOUR FAMILY

**3** SEND US A COPY BEFORE SUNDAY

