

# THE SAUGANASH CORONACLE

MARCH 30<sup>TH</sup> 2020 ISSUE#12



## BACK TO SCHOOL

By Justin Reckart

For many of you, today is your first day back to school since the quarantine started. A lot of people have complained to me about e-learning and said that it is going to be really hard to focus. It's true, e-learning is going to be a challenging change for most people, but don't let it be an excuse for you to put in less effort. The fact is still being able to go to school is an opportunity that a lot of people don't have right now, so try to take advantage of it.

Tupac Mosley was a high school senior last year who was in the news because, when he graduated at the top of his class with a 4.3 GPA and an ACT score of 31, he earned 50 scholarships worth a total of \$3 million. Not only that, but he did all of that while he was homeless. His dad had died and shortly afterwards, his family became homeless. It would have been really easy for him to just give up on school, but instead, he used becoming homeless as motivation to try even harder in school. He started focusing on using his time well and trying to pay attention during class, and look where it got him.

Right now, like Tupac, it would be really easy for you to use coronavirus and e-learning as an excuse to stop trying as hard in school. It's easy to blame the new distractions, to complain that it's too hard to learn with online classes, to think that you're a victim and coronavirus is going to make you do poorly in school. But, the reality is that you are some of the luckiest people in the world right now. Just last week, more than 3 million people in the US lost their jobs because of coronavirus and the same is happening all over the world.

E-learning is not going to be easy, it may not be fun, but that doesn't mean it needs to be a waste of time. Here are five things you can do to get the most out of these next several weeks:

**Don't wear pajamas to class.** You could just roll out of bed and go to class, but try showering and changing into a clean set of clothes. It will help you take your classes more seriously.

**Put your phone somewhere else.** When it's time for class, put your phone in a different room, don't let it be a distraction.

**Close everything else on your computer.** It can be easy to get distracted with your email, a game, or *youtube* during class. Before your classes start, close everything that isn't your online class.

**Take notes.** Don't stop taking notes just because you're not at school. Bring a notebook with you and take notes as if you were in a classroom.

**Take breaks away from a computer between classes.** You're going to be on a computer for a long time every day, so between classes, try taking breaks away from a screen. You can hang out with your siblings, do a chore, read a book, or review your notes for your next class.

Today you get to do what millions of people around the world wish they could: get back to work. Don't waste that opportunity!

# TRIBAL "WAR"

The first challenge in the battle of wits for the chieftom between Chief Works-from-Home and Chief Sauganash.

## CHALLENGE #1

Which is heavier: a pound of gold or a pound of feathers?

**SAUGANASH:** Surely, brother, you know that a pound of gold is heavier, for nothing weighs on the heart like excessive attachment to wealth.

**WORKS-FROM-HOME:** On the contrary, brother! Although they have the same mass, a pound of feathers dwarfs the pound of gold in terms of volume, and for that reason feels heavier, dragging exceedingly against the air as it is moved.

Who is correct? Send your vote in to [jreckart@sauganashcenter.org](mailto:jreckart@sauganashcenter.org)  
Have a difficult challenge? Send it in for the chiefs to answer.



Submit your article to [jreckart@sauganashcenter.org](mailto:jreckart@sauganashcenter.org)

## online UPCOMING EVENTS

**TUESDAY 3/31 - 7:30 pm**

Freshmen - [The Launch: Freedom & Happiness](#)

Sophomores - Virtue Talk - [Contact Pat](#)

Juniors - Virtue Talk - [Contact Vince](#)

Seniors - Virtue Talk - [Contact Edwin](#)

**WEDNESDAY 4/1 - 7:30 pm**

[College Meditation](#)

**SATURDAY 4/4 - 3:30 pm**

[High School Meditation](#)

## MEME OF THE DAY



## VIRAL VIDEO OF THE DAY

["The Great Escape"](#)

## SUMMER

Summer programs at Sauganash are still on and it's not too late to apply.

[High School & Beyond](#) (for rising freshmen)

[Making Things Happen](#) (for rising sophomores)

[Philosophy & Ethics Seminar](#) (for rising seniors and college freshmen)

**HOLY MASS** at  
**Sauganash**  
**EVERY WEEKDAY**  
at 12:00  
[click here](#)

**PUT THE MASK ON,  
YOU WILL EAT LESS**

**WORDS OF WISDOM**  
from Chief Sauganash





# PERSON OF INTEREST:

## MR VARGAS

*By Scott Pasowicz*



On March 27th, I decided to interview a Mister Alvaro Vargas on his experience with the virus and how he has been spending the time off. As a Northridge teacher, and my own teacher for tenth grade Sacred Scripture, he not only gave breath-taking answers but also decided to give us insights into important Bible passages we should read. As his favorite student and fellow Whitney Young brother, I knew he would be the perfect person to interview for *The Coronacle*.

**Scott-** Besides school work and studying for classes, what should students be doing during this outbreak of the coronavirus?

**Mr.Vargas-** I think the amount of free time could serve students in a myriad of ways. First and foremost, dedicated prayer time - morning, evening or night - given that there is less of a concern with tests, homework, etc. Besides regular prayer, I think it is important that you include prayers for the people who are sick, are going to die, and will suffer from the illness and deaths due to the illness. Secondly, family time. It is crucial that you enjoy the time that you have with family. The fact that everything is shut down is like a God-send for families: time to talk, eat, and relax in the presence of one another. Time seems to be moving slower than usual - which might seem like a negative thing for people who are constantly distracted - but it should help you appreciate time with family that will be hard to replicate in the future. Lastly, I would suggest playing sports. You have time right now to improve skills and learn new skills in sports. I personally spend some time every day juggling a soccer ball and kicking it around my house with my son. Again, it is time that you will most likely not have in the future.

**Scott-** How have you decided to pass the time during this break?

**Mr.Vargas-** I have had to do a lot of grading and prep work for classes. That will continue until I retire, but it's part of the job. Besides work, I have spent a lot of time playing with my son and watching *Trolls* with him. It runs in the Vargas family to love music and it is noticeable in my son. It's also been nice to have meals as a family with my wife and child. I also have a couple of Alexander Solzhenitsyn books that I am reading.

**Scott-** How have you contributed to the cleaning and cooking in your household?

**Mr.Vargas-** I contribute a lot to the cleaning because I do not like to be around areas that are messy. It bothers me at work and it definitely bothers me at home, so there has been a lot of cleaning and picking up. Unfortunately, I am not a good cook - or at least that is what my wife says - so I leave the cooking up to her. I do enjoy cooking if it's just for me because I enjoy anything that I cook, but my wife does not feel the same way. I do not blame her.

**Scott-** What is your favorite scripture passage that we can indulge in during these trying times?

**Mr.Vargas-** I am very biased toward the book of the prophet Jeremiah (also the name of my son). He is called the Prophet of Lamentation because of his fidelity to God and to the Law in a time when the Israelites had abandoned their faith and he was persecuted by priests and Israelites for his fidelity. While many of the passages are depressing and speak of sorrow and pain, there are many passages in which the prophet speaks of the future joy which Israel will enjoy once they return to the Law. There is a very genuine feel in Jeremiah's writings, in which he lifts his complaints to God, but also mentions the awe of God that has enamored him to the point of being unable to abandon his faith. I think that kind of love that Jeremiah shows through such difficult moments is exemplary and needed in times like this. I would suggest reading Jeremiah 1 (the calling of the youngest prophet), Jeremiah 20: 7-18 (the interior struggle of faith), and Jeremiah 31:3 (God's eternal love). Obviously I would suggest the whole book, but those passages to me seem great. And in case Jeremiah is too much to handle, I would suggest the book of Philippians in the New Testament.

**Scott-** Have you missed our mind-blowing questions we notoriously ask in your class?

**Mr.Vargas-** I have missed classes. There are less headaches for sure, but also less laughter and interesting conversations. It will be nice to return to teaching in person and deal with each of you guys individually. But for now, I guess God is sending me a much needed break from Kaiser questions, Paschall bickerings, and Pasowicz confusions. But in all seriousness, obviously I miss the class. Hopefully, we will return soon.