

THE SAUGANASH CORONACLE

MARCH 27TH 2020 ISSUE#11



SAINT CORONA, PRAY FOR US!

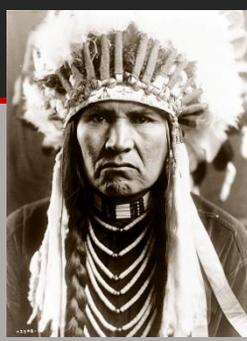
By Edwin Carbajal

What are the chances that we have a saint named Corona and that she happens to be the patron saint of pandemics? Even stranger, her mortal remains lie in the Basilica of Anzu, in northern Italy, near the epicenter of the coronavirus outbreak in Europe. Some people might conclude that it's the end of the world given the circumstances. Instead, this can be an opportunity for all of us to learn some lessons from St. Corona's life and apply them to our own lives.

According to tradition, Corona lived in Syria during the mid-second century. She was a Christian in Roman-occupied territory where Christianity was outlawed and punishable by death or torture. When she was fifteen or sixteen, a Roman soldier named Victor was discovered to be a Christian and sentenced to death. As she witnessed Victor's public martyrdom, she stepped in to help him and, subsequently, professed her own faith. She, likewise, was killed. In the first three centuries of Christianity, most of the saints were martyrs—those who were witnesses for Christ to the point of death. Venerated by the early church, their earthly remains often got saved and taken to holy places, or their burial spots became sanctuaries. The remains of Victor and Corona made their way to Christians living in modern Italy. "Corona" is the Latin word for crown and "Victor" refers to the reward or victory given to those who are faithful. Corona's feast day is celebrated on May 14 in certain regions of the world, especially in Bavaria and Austria, where she was named patroness of epidemics or contagious infections.

Will we be remembered as "martyrs" for the way we carried out our lives amidst this crisis? No one is going to kill you for your faith, but you can still sacrifice yourself in small things every day. For example, how many times during this quarantine have you allowed your siblings to have their preferences rather than arguing with them? Or how often do you do small acts of service around the house without being asked by your parents? Or have you refrained from complaining to help everyone else to be more cheerful? We can go to St. Corona to help us get through this pandemic. Ask her to help you have the same courage while you're stuck at home that she had when faced with martyrdom. Ask her to help you trust that God will bring good out of this pandemic in the same way that she trusted that he would bring good out of her martyrdom.

IT'S TRIBAL WAR!



A response from "Concerned Subscriber"

I don't know what I expected when I sent my letter pointing out Chief Sauganash's astronomy error. Perhaps a small correction at the bottom of page 2. Maybe a free lifetime subscription as a face-saving thank you for my attentive reading. Scarcely did I imagine that Chief Sauganash would insult my honor and impugn the assertions of NASA's best and brightest. Unfortunately, I cannot let this affront go unanswered. I cannot hide behind anonymity any longer.

The time has come to reveal my identity.

I am Chief Sauganash's twin brother, Chief Works-From-Home. When we were just young braves, my brother Sauganash made the dubious claim of being firstborn and won the title of Chief. I disputed his claim, so he exiled me to Peoria, where I have lived in hiding ever since. But the time of planting is over, and the time of harvest is nigh. My brother Sauganash, I hereby challenge you to a battle of wits. As our tradition prescribes, we will face each other in five struggles, one on each day of next week. Our tribe will determine the winner of each contest by ballot, and the winner of the struggle will take on the mantle of chief. I look forward to facing you in battle, brother, and winning back what is rightfully mine.

Still concerned, still subscribing,
Chief Works-From-Home

online UPCOMING EVENTS

DAILY MASS at 12:00
[Click here to Join](#)

SUNDAY 3/29
8:00 pm
[Rosary with families](#)

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Submit your article to
jreckart@sauganashcenter.org

**A WEEKEND WITHOUT
A PLAN IS WORSE
THAN A PLAN
WITHOUT A WEEKEND**

WORDS OF WISDOM
from Chief Sauganash

WEEKEND in 3



MAKE YOUR BED



READ THE GOSPEL
5 min/day



PHONE OFF.
TALK TO EACH OTHER!



HERO OF THE DAY: WEENA GOMEZ

An interview by Nathan Gomez

1. What is it like to be a healthcare worker at this time in our life given the pandemic?

As a registered nurse seeing all the sacrifices made by the healthcare workers caring for the COVID-19 patients all over the world, I am thankful to be part of the workforce that is helping heal humanity at this time of pandemic. What an important time to serve others! My hat's off to the doctors, nurses, medical assistants all over the world who are in the front lines.

On the other hand, I have to admit I am worried and scared knowing of the high possibility of getting infected with COVID 19 from work and passing it on to my family. It is frightening to see the increasing number of healthcare workers who are getting infected and dying each day. But these are extraordinary times and as they say we need extra ordinary measures! It is our duty as nurses to report for work everyday to care for the sick and be the wingman for our coworkers in spite of the possible danger we are facing. The job has to be done!

2. What are you seeing more of right now?

I work in an Outpatient Center and a lot of our patients have multiple conditions, some of them are even immunocompromised. We cannot risk getting them exposed. So before patients come in for an appointment, we screen them first. When they have COVID symptoms such as fever, cough, history of travel, or possible contact, we mask and isolate them immediately. And if they are short of breath, we call the ambulance and send them to the ER right away. We have called the ambulance a few times already. We had a drive thru testing for COVID-19 for a couple of days but now that the testing kits have run low, that has stopped. Now due to a low supply of testing kits, we were told only the sickest ones going to the ER are being tested. We only use proper protective equipment when a patient is symptomatic. That is gloves, mask and gown. We are hoping we will have more of the testing kits soon!

3. How do you help people physically? spiritually?

Whether I am working in Rheumatology giving IV infusions or in the Geriatric phone triage talking to patients on the phone or assisting in Internal Medicine or Sports Medicine, the one thing in common I see is the heightened anxiety and fear of patients. I can see it in their eyes. There is also tension among my coworkers as guidelines keep changing every hour and deep down I know they are fearing the possibility that one of us can get infected and then what? So when I wash my hands, which is a lot of times, I pray two Hail Mary's instead of singing the two Happy Birthdays the CDC recommends to fulfill the length of 20 seconds. Lots of Hail Mary's can help heal! I know that this helps reduce the fear and anxiety in the patients and also reduces the tension among my coworkers. I wear a miraculous medal on my neck, and when patients see it some of them start talking about their faith. Even if they don't believe in God, I tell them to have a blessed day, and their face starts to smile, which gives me some hope.

4. What advice do you have for people, especially young people?

My advice is for them is to follow the stay at home order. I know this is a sacrifice but this will help us in healthcare a lot! Follow social distancing, wash hands frequently, and avoid touching the mouth and face. This will help lessen the spread of the infection and ease the burden on our health care system. But most of all, we have to spend a lot of time praying and begging for the healing of those infected and to end the pandemic. We have to ask the Lord to help the scientists in their work to create a vaccine that will stop COVID-19. We should all know God is bigger than this. At home we try to pray the rosary and attend Mass on the TV when I have come from work. We are praying for the relatives of our friends who have tested positive and are in the hospital right now in different parts of the world.

What I would say to the young people is they should realize their prayers are very effective and are much needed. So please pray! I can't tell you how hopeful and uplifting it is for us health care workers to know that we have people praying for us, it helps us to get through. It means a lot!

5. What is something that we need right now? That you would like us to know?

What we need is for folks who can stay home to do so to help prevent the spread. Those who are home, bond and spend time with the family, pick a new hobby, read a book, play ball in the yard, learn a new language, play an instrument, stay healthy, practice hand washing, eat healthy, get some exercise and go outside the house in your yard and just breathe some fresh air. And do not forget to LAUGH and PRAY. Jesus we trust in You!